

Commission on Creating Healthy Cities



The Commission on Creating Healthy Cities was established in December 2020 by the Global Centre on Healthcare and Urbanisation (GCHU) at Kellogg College, University of Oxford, in partnership with The Prince's Foundation, to investigate the links between urban matters and health and wellbeing.

www.healthycitiescommission.org






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*Health is made at
home*



WHAT CREATES HEALTHY CITIES?

Commission Outputs:

-  Report: "What Creates Healthy Cities"
-  Healthy Cities Toolkit
-  Guidelines on using local data for Urban Health Indices

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Healthy Cities Toolkit

The Healthy Cities Toolkit seeks to measure the impact, resource implications, and quality of the evidence supporting over 50 approaches to improving urban health and wellbeing.



A systematic scoping review of over 300 evidence-based articles from across the globe.



Over 50 approaches to explore different ways of improving health and wellbeing.



An easy-to-use website to review impact, resource implications, and quality of evidence.

www.healthycitiescommission.org/toolkit

The Commission's findings

Built Environment

- More affordable housing
- Health-related planning policies
- Proactive planning
- Housing quality
- Energy efficiency
- Funding prioritisation



gchu.org.uk/cchc-report

Public Health & Wellbeing

- Planning for exercise
- Access to healthy food
- Social prescribing



Transport and Mobility

- Reducing car dependency
- Sustainable transport planning
- Promoting and advocating for active travel

Good Governance

- Inter-departmental coordination
- Devolution to local government
- Civic engagement